

CITY OF FORT MYERS



SUCCESS THROUGH ACADEMIC & RECREATIONAL SUPPORT

# PARENT MANUAL



## ● **MISSION STATEMENT**

The mission of STARS athletics is to improve the quality of life for all participants by meeting the need of the community through the provision of safe, excellent, recreational and leisure-time activities.

## ● **SPORTSMANSHIP**

We promote good sportsmanship, which is a combination of fair play, respect and consideration for opponents, spectators, teammates, coaches and officials.

## ● **HEALTHY RECREATION**

We promote good sportsmanship, which is a combination of fair play, respect and consideration for opponents, spectators, teammates, coaches and officials.

## ● **RESPONSIVENESS**

STARS athletics regularly evaluates community needs and responds by offering programs that are desired.

## ● **EQUAL ACCESS**

All citizens are encouraged to participate in our affordable programs regardless of their skill levels, gender, race, socio-economic status, or any other factor that is not in conflict with our mission.

## ● **REFUND POLICY**

A refund application form must be filled out and submitted to [stars@cityftmyers.com](mailto:stars@cityftmyers.com) in order to receive consideration for a refund. We cannot accept telephone Refund Application Requests for ANY Parks & Recreation activity. All requests must be made by email or in person during regular office hours.

- NO refunds on "league" programs once teams are set up and posted on our website.
- NO refunds will be given after the start of the program.
- NO refunds for certain special events. (i.e.; recreation trips, camps, clinics, etc.)

All refunds are subject to a \$15 Admin. fee (per registration) except under the following circumstances: Refund is initiated by the Park & Recreation Department



## *Description of Program*

Tumbling combines skill sets currently practiced in artistic, acrobatic, trampoline and power tumbling. Acrobatics & Tumbling meets are exciting, fast paced, and fan friendly.



## *Registration*

Tumbling classes usually takes place Tuesdays and Thursdays at 5pm until 6:30pm. Tumbling classes has a rolling enrollment which means that every month is \$40 per month. Payment is due at the beginning of the month to continue services.



## • Coach's Responsibility Code

### **Goals and Objectives:**

The S.T.A.R.S. Youth sports program is a group-oriented program involving social and physical development. The goal of our league is to teach sports fundamentals, sportsmanship and a love for the game. Your support and encouragement will go a long way to helping achieve that goal. As a coach, you should demonstrate the following:

1. Build sound fundamental sports skills and develop a love for the game.
2. Encourage team play.
3. Reinforce good sportsmanship.
4. Show respect for referees, other coaches and players at all times.
5. Be a resource person to your team, helping them to develop their athletic and human potential.
6. Involve all team members and parents in special events.
7. Recognize that all children are not the same and respect their individual differences.

**Remember:** Be careful where you walk ... you never know who's going to follow in your footsteps!

### **Safety:**

The safety of children is extremely important. Here are some strategies to help you safeguard any children or youth in your supervision:

- Ensure that you are the last person to leave practice/game. Wait until all players have either left practice/game or have been picked up by a responsible adult.
- Talk to parents/legal guardians and introduce yourself. This initial contact can facilitate communication between you and parents regarding any player or team matters.
- If an emergency situation arises, report events as soon as possible to your STARS Athletic staff.



## Player's Responsibility Code

- *Be coachable* ✓
- *Be willing to learn* ✓
- *Cooperate with your coach/instructor* ✓
- *Work hard for yourself and your coach.* ✓
- *Do not yell or argue at/with the instructor* ✓
- *Control your temper and your language.* ✓
- *Be a good sport, be a team player and treat everyone like you would like to be treated. (The Golden Rule)* ✓





## Parent's Responsibility Code

- S.T.A.R.S. athletics requests that the parents /guardians of children participating in the youth sports programs help us monitor the program by:
  - communicating with their children and coach
  - observing their children in practices and games

As a parent with a child in S.T.A.R.S. Recreation youth sports program, it is reasonable to expect the following from the program:

- that your child is involved in weekly practices.
- that your child enjoys a safe, satisfying and growing experience while involved in the program



## Parent's Responsibility Code Cont.

S.T.A.R.S. athletics does not condone the following activities and/or events:

- overnight trips
- special practices for a small number of players
- events involving a small number of team players
- that your child be subject to physical or verbal abuse from coaches, parents, peers, etc.
- coaches requiring team members to keep secrets
- coaches wishing to have excessive involvement with your child

### **Please remember:**

- children are involved in organized sports for their enjoyment, not yours
- children learn best by example
- children should always be encouraged to follow directions
- children should never be yelled at or ridiculed for making a mistake
- children should be taught that an honest effort and hard work are just as important as winning

The goal of our league is to teach fundamentals, sportsmanship and a love of the game. The support and encouragement of all parents will go a long way to helping this come true.



## **IMPORTANT INFORMATION**

- *What to Wear*

All participants must have some form of athletic wear along with a set of shoes and socks.

- *Tumbling Schedule*

- Tuesday 5-5:40pm- beginner class (this is forward rolls and cartwheels)
- Tuesday 5-5:50 pm- Level 1 skills (front and back walkovers)
- Thursday 5:5:40 pm- Level 1 skills (front and back walkovers) (With a DIFFERENT set of kids than Tuesdays class)
- Thursday 5:50-6:30pm- Level 2 skills and above ( back handsprings and above)





## *Weather/Cancellations*

Any current cancellations will be posted online and on our voicemail by 4:30 pm weekdays. If there are no postings/announcements, please assume all games will continue as scheduled.

## *Practice Locations*

STARS Complex 2980 Edison Ave, Fort Myers, FL 33916

## *Practice Days and Availability*

Practice takes place on Tuesdays and Thursdays. No more than one practice session per week should ever be held.

## *Background Investigation Forms*

All volunteers must submit a background investigation form before they are able to coach. All background forms are completely confidential. If you have volunteered for us in the past year you are still required to fill out a new form. Thus, it is important that you notify us of any changes to your address or any other pertinent information.

## *Concerns/Issues/Conflicts*

If a problem/concern arises during the season, the department encourages its staff, officials, participants, parents and coaches to follow the "24-hour rule" before communicating the concern. In other words, give it 24 hours and allow the problem or concern to "cool off". You may be surprised at the results of this approach. Obviously, major concerns should be brought to our attention immediately.